

ASRAB

Hello Everyone! This is the first edition of the ASRAB in Action newsletter; we hope that this will help keep everyone updated with what is going on here at ASRAB! If anyone has anything they would like to see in the newsletter please feel free to email Katie at katie@asrab.ab.ca with ideas, questions or comments! The newsletter will be sent out by email as well as put on our website (www.asrab.ab.ca) and we will try and get a new one out every month! Enjoy!

LAWN BOWLING

With the Conclusion of the 2009 Canadian Blind Sports National Lawn Bowl Championships comes the end of the Lawn Bowling Season. The Championships were a success, bringing a total of 14 Bowlers and 14 Directors from Alberta, BC, Ontario and Newfoundland to compete! Congratulations to all of the athletes as well as all of the volunteers that made this possible! We are looking forward to another season of lawn bowling next year with the 2010 Canadian Blind Sports National Lawn Bowl Championships announced to be held in Ontario!



**Alberta Lawn Bowler
and 2009 B2
Women's Gold Medal
Winner Heather
Hannett**

A BIG Thank You to all our volunteers that came out to work at our March 2009 Casino! The Casino was a big success bringing in money to support our athletes in tournaments all over Canada! We couldn't have done it without you!

Kid's Athletic Camp

ASRAB will be holding a kid's camp Saturday September 19th, 26th, and October 3rd at the Calgary French and International School. For more information on this event please contact the office at (403)262-5332

Alberta Men and Junior Women Claim Gold at Nationals to finish off a Great Season!

A quick recap of last years Goalball Season: we would like to congratulate the Alberta Men's team who captured the Gold medal and the 2009 Canadian National Goalball Championships! The Alberta Women's team put in a great effort and finished in a close 4th at the tournament, Great job Girls! As well, the Junior



Alberta Junior Women's Team with their Gold Medals - Nektaria Mayder, Tanya Peterson, Tiana Knight, Megan Luscombe, Rima Kaddoura, and Carol Braul (missing: Lauren Buckell)

Women's team claimed Gold at Junior Nationals this season in Kelowna, BC. The Alberta Junior Men placed third at the tournament, bringing home a bronze medal! A big thanks to all the players, coaches, and volunteers who helped out this season, your hard work really paid off! Look forward to seeing everyone next year for another great season!



Men's Goalball Team! –Aron Grebreyohannes, Dean Kozak, Trent Farebrother, Claire Kaminski, Kevin Kaminski, Scott Heron, Paul McKnight, Darren Hamilton, and Carol Braul

MEET OUR STAFF!



Marilyn McIntosh:

Marilyn started volunteering for ASRAB as a Goal Judge for the 1999 Men's Paralympic Goalball Qualifying Tournament held in Calgary. Interested in the sport of Goalball, she then became a Goalball referee for 6 years (2002-2008), refereeing tournaments provincially and nationally even refereeing for a tournament held in Slovenia. Passionate about introducing physical activity to Visually Impaired people in Alberta, Marilyn became the Executive Director of ASRAB in 2006. Since then she has planned many tournaments, fundraisers and activities for ASRAB and has even been our provincial Lawn Bowling Team Manager for the past 3 years!



Katie Kaminski:

Katie has been volunteering for ASRAB at various Goalball tournaments since she was a kid. Since March of this year she has been working as our part-time Sport and Recreation Coordinator. Katie is excited to be working with ASRAB on upcoming events!

Current Board Members!

President.....Peter Wettlaufer
Vice President.....Kevin Kaminski
Treasurer.....Wayne Littlewood
Secretary.....Pamela Luscombe
Sport and Recreation Coordinator.....Lorna Snow
Central Region Director.....Bill Koch
North Region Director.....Geoff Conner
South Region Director.....Toni Freimark
Athlete Representative.....Trent Farebrother

Fundraising!

Two Great Reasons to Donate to ASRAB!!

1. Donations made by individuals and families have the chance of being matched when ASRAB applies each year for the province's new Community Spirit Donation Grant!
2. As part of the Community Spirit Donation Grant, half of any donations you claim on your Personal Income Tax Assessment that are above and beyond the first \$200 you donated to any charity (can be more than 1 charity) is eligible to be returned to you as a tax credit!



Thanks to the Alberta Sport,
Recreation Parks & Wildlife
Foundation for all their
support of ASRAB!

Coffee Fundraiser!



Thanks to everyone who helped out with the Costa Cana coffee fundraiser! We have raised close to \$1000 dollars for ASRAB! The money was used to send our junior Goalball teams to Junior Nationals, resulting in a gold and bronze medal for Alberta! Our current fundraiser is to raise money to host the 2009 CBSA Lawn Bowl Nationals!

**To order call ASRAB at
(403)262-5332**

Coffee is still available by calling the office directly at (403)262-5332 or by calling your ASRAB representative! The Costa Cana coffee comes straight from the San Vito Valley of Costa Rica and is made from 100% pure Arabica Beans! A combination of mineral-rich soil, beautiful climate and high elevation gives the coffee its attractive aroma, delicate body and smooth taste and makes it a great choice for your morning wake-me-up! Available in Medium Roast, Dark Roast, Espresso and Volcano, this is a great way to buy your coffee and support our athletes! To learn more about the coffee visit the Costa Cana website at <http://www.costacanaimport.com/welcome/index.php>

Xentel Telemarketing

ASRAB started working with Xentel in 2006; Xentel takes care of all ASRAB's telemarketing. Each year our donations through telemarketing grow and are being put to good use. We would like to thank Xentel for all their hard work!

Please Note: when donations are made through Xentel the money goes to an address different from that of our office. Xentel deposits the money for us and creates our charitable tax donation receipts!

CONTACT ASRAB!!

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