



Flaman Foundation Training Program

Registration Form

**Please ensure that all of the following information is provided as it is needed for registration purposes.

Participant Information:

Name:

Birthdate (month/date/year):

Address:

Phone Number:

Email Address:

I am a:

Visually Impaired Participant

Guide runner/walker

Emergency Contact:

Emergency Contact Telephone Number:

Emergency Contact Relation to Participant:

Allergies/Medical Conditions/Special Considerations:

General Information:

I want to register for the:

_____ Edmonton training program

_____ Calgary training program

I have registered for the:

_____ 3KM Walk

_____ 8KM Run.

Shirt Size:

_____ Small

_____ Medium

_____ Large

_____ X-Large

Please check one of the following:

_____ I would like to be paired with _____ as my sighted guide/visually impaired participant. **Please note that if you are requesting to participate with a specific partner, your partner must be registered for sight night as well. For registration information please go to www.asrab.ab.ca.**

_____ please provide me with a sighted guide or visually impaired participant to be my partner both for the Flaman Foundation Training Program and the sight night event!

- Please note that by registering for the Flaman Foundation Training Program you are committing to group training sessions every Sunday starting September 18th, 2011 and concluding on Sight Night, November 19th.
- All participants should engage in training during the week between the Sunday group training sessions.
- All participants in the Flaman Foundation Training Program must be members of The Alberta Sports and Recreation Association for the Blind. Membership forms are available at <http://www.asrab.ab.ca>.

Contact Dean Kozak at 780.340.3648 or <mailto:dean.kozak@shaw.ca> with inquiries regarding the Edmonton Flaman Foundation Training Program.

Questions regarding registration in the Calgary Flaman Foundation Training Program can be directed to Katie Kaminski at 403.262.5332 or at <mailto:sightnight@asrab.ab.ca>.